



## Winter Junior Training Program

Powered by Operation 36



# THE #1 WAY FOR GOLFERS TO IMPROVE THEIR SCORES

## We know what you're thinking....

Temperatures have dropped, the leaves have fallen, and many of you are thinking about putting your clubs away until Spring. Now is not the time for your game to go into its winter hibernation. It is a great time to work on those swing faults and to lay down a solid foundation with correct fundamentals for the 2023 season. The winter program will be reintroducing basic OP 36 fundamentals, get the kids to start using the OP 36 App, give kids and parents the ability to track their progress. The winter session will be group sessions for a 8 week period. I will be conducting one 75 minute session per week on Saturday mornings from 10:30 to 11:45am. Registration will go online (**Ash Brook's website**) in early January. A minimum of 6 students are needed for the class to move forward. If you are interested, I am asking for a head count of participants, Please respond to [bmaddera@hempersports.com](mailto:bmaddera@hempersports.com) by January 10th.



## Baker Maddera, PGA

Meet your teacher, Baker maddera: He has been a PGA member for 41 years and been teaching over 43 years. He has given over 10,000 lessons in his career. Baker's philosophy is to use the golf club along with your body in a simplistic and efficient manner. He works with students to develop the best swing for that person.

[bmaddera@kempersports.com](mailto:bmaddera@kempersports.com)  
908-400-5614

MAXIMUM OF 12 SPOTS AVAILABLE FOR THE CLASS

# \$250

Per participant

- Open to all Jr. Golfers of all abilities (7-14 years old)
- Golf Knowledge, Practice Habits, Swing Feels
- 8 Week Program / 7 Training Sessions + 1 On-Course Session
- Each session is 75 minutes
- All sessions held at The Galloping Hill Golf Course Learning Center

Wk. 1 Grip	Wk. 2 Posture	Wk. 3 Alignment	Wk. 4 Ball Flight	Wk. 5 Power	Wk. 6 Putting	Wk. 7 Short Game
1-21 - 10:30 am	1-28 -10:30 am	2-4 -10:30 am	2-11 -10:30 am	2-25 -10:30 am	3-4 -10:30 am	3-11 -10:30 am

Wk. 8 On Course Training - 3-18 Time to be determined



Register by going to Ash Brook's website (Click on Jr. Instruction and follow the prompts) to reserve your spot in the Winter Jr. OP 36 Academy Winter Session.